



2 Scrambled Eggs with Cheese Steamed Broccoli Sliced French Bread Tropical Fruit Salad AM Snack-Wheat Toast, Milk PM Snack-Orange Wedges, Ritz Cracker	3 Hot Dog Enriched Bun Garden Salad with tomatoes and Cucumber Fruit Cocktail in fruit juice AM Snack-Graham Cracker, Milk PM Snack-String Cheese, Pears	4 Bean and Cheese Burrito Green peas Sliced Fresh apples AM Snack-Blueberry Bread, Milk PM Snack-Apricots, Low -Fat Yogurt	5 Chicken Nuggets Oven Baked Potatoes Carrot Sticks Fresh Mixed Fruit Cup AM Snack-Peaches, Milk PM Snack-Pretzels, Grape Juice	6 Grilled Cheese Wheat Bread Sliced Tomatoes Mandarin oranges AM Snack-Corn Flakes, Milk PM Snack-Cottage Cheese, Pineapple
9 Spaghetti with HM Meat sauce Whole Wheat pasta Green Beans Diced Cantaloupe AM Snack-Wheat Toast, Orange Juice PM Snack-Ritz Cracker, American Cheese	10 French Bread Pizza Carrots Pineapple wedges AM Snack-Applesauce, Milk PM Snack-Tuna Salad, Pita Bread	11 Turkey Sandwich Wheat Bread Lettuce and Tomato Mandarin Oranges AM Snack-Banana, Milk PM Snack-Carrots, Goldfish Cracker	12 Ground Beef Soft Tacos Green peas flour Tortilla Spiced Pears AM Snack-Rice Chex, Milk PM Snack-Chicken Salad, Wheat Cracker	13 Fish Nuggets Broccoli Cheese Biscuit Mixed Melon AM Snack-English Muffin, Milk PM Snack-Low-Fat Yogurt, Strawberries
16 Beef Hamburger Lettuce and Tomato Whole Wheat Bun Sliced Pears AM Snack-Wheat Toast, Milk PM Snack-Orange Wedges, Ritz Cracker	17 BBQ Chicken Breast Wheat Roll Corn Kernels Applesauce AM Snack-Graham Cracker, Milk PM Snack-String Cheese, Pears	18 Turkey Corndog Steamed Broccoli Sliced Peaches AM Snack-Cranberry Bread, Milk PM Snack-Apricots, Low –Fat Yogurt	19 Cheeseburger Macaroni Steamed Carrots Watermelon slices AM Snack-Mixed Fruit, Milk PM Snack-Pretzels, Grape Juice	20 Turkey Bologna Wheat Bread Lettuce and Tomato Pineapple AM Snack-Corn Flakes, Milk PM Snack-Tortilla Chips, Tomato Salsa
23 Pancakes Scrambled Eggs Sliced Tomato Applesauce AM Snack-Wheat Toast, Orange Juice PM Snack-Ritz Cracker, American Cheese	24 Steak Fingers Wheat Roll Steamed Carrots Yogurt with Fruit AM Snack-Rice Chex, Milk PM Snack-Tuna Salad, Goldfish Crackers	25 Diced Chicken Marinara Spaghetti Green Beans Mixed Fruit AM Snack-Banana Bread, Milk PM Snack-Apricots, Cottage Cheese	26 Hot Ham and Cheese Wheat Bread Sweet Peas Mandarin oranges AM Snack-Applesauce, Milk PM Snack-Chicken Salad, Wheat Cracker	27 Cheese Quesadilla Flour Tortilla Tomato Salsa Refried Beans Watermelon Cubes AM Snack-English Muffin, Milk PM Snack-Low-Fat Yogurt, Fruit
30 Salisbury Steak Wheat Roll and Butter Peas and Carrots Orange Wedge AM Snack-Corn Flakes, Milk PM Animal Crackers, Grape Juice	31 1/2 Chicken Patty Sandwich Macaroni 'n Cheese Lettuce and Tomato Whole Wheat Bun Mixed Fruit Cup AM Snack-Pears, Milk PM Snack-Sliced Turkey with Wheat Bread			