

¹ Cheese Quesadilla Flour Tortilla **Refried Beans Tomato Salsa**

Wirtzie's preschool & child care	Wirtzie's May 2015			Watermelon Cubes AM Snack-English Muffin, Milk PM Snack-Low-Fat Yogurt, Fruit
Salisbury Steak Wheat Roll and Butter Peas and Carrots Orange Wedge AM Snack-Corn Flakes, Milk PM Animal Crackers, Grape Juice	Chicken Soft Taco Flour Tortilla Corn Spanish Rice Mixed Fruit Cup AM Snack-Pears, Milk PM Snack-Sliced Turkey with Wheat Bread	Cheese Pizza Sliced Cucumbers Pineapple AM Snack-Orange Bread, Milk PM Snack-Sliced Cheese and Crackers	7 Manicotti with HM Meat Sauce Italian Zucchini Sliced Pears AM Snack-Wheat Toast, Milk PM Snack-Carrots and Celery, Pita Bread	Sloppy Joes Green Beans Whole Wheat Bun Watermelon AM Snack-Banana, Milk PM Snack- Tortilla Chips, Tomato Salsa
Scrambled Eggs with Cheese Steamed Broccoli Sliced French Bread Tropical Fruit Salad AM Snack-Wheat Toast, Milk PM Snack-Orange Wedges, Ritz Cracker	12 Hot Dog Enriched Bun Garden Salad with Tomatoes and Cucumber Fruit Cocktail in Fruit Juice AM Snack-Graham Cracker, Milk PM Snack-String Cheese, Pears	13 Bean and Cheese Burrito Green Peas Sliced Fresh Apples AM Snack- Blueberry Bread, Milk PM Snack- Apricots, Low-Fat Yogurt	14 Chicken Nuggets Oven Baked Potatoes Carrot Sticks Fresh Mixed Fruit Cup AM Snack-Peaches, Milk PM Snack-Pretzels, Grape Juice	Grilled Cheese Wheat Bread Sliced Tomatoes Mandarin Oranges AM Snack-Corn Flakes, Milk PM Snack-Cottage Cheese, Pineapple
Spaghetti with HM Meat Sauce Whole Wheat pasta Green Beans Diced Cantaloupe AM Snack-Wheat Toast, Orange Juice PM Snack-Ritz Cracker, American Cheese	French Bread Pizza Carrots Pineapple Wedges AM Snack-Applesauce, Milk PM Snack-Soft Pretzel Stick with Cheese	Turkey Sandwich Wheat Bread Lettuce and Tomato Mandarin Oranges AM Snack-Rice Chex, Milk PM Snack-Carrots, Goldfish Cracker	Ground Beef and Bean Soft Tacos Green Peas Flour Tortilla Spiced Pears AM Snack- Banana, Milk PM Snack-Chicken Salad, Wheat Cracker	Fish Nuggets Broccoli Cheese Biscuit Mixed Melon AM Snack-English Muffin, Milk PM Snack-Low-Fat Yogurt, Peaches
Memorial Day	BBQ Chicken Breast Wheat Roll Corn Kernels Applesauce AM Snack-Graham Cracker, Milk PM Snack-String Cheese, Pears	Turkey Corndog Steamed Broccoli Sliced Peaches AM Snack- Cranberry Bread, Milk PM Snack- Apricots, Low-Fat Yogurt	Cheeseburger Macaroni Steamed Carrots Watermelon slices AM Snack-Mixed Fruit, Milk PM Snack-Pretzels, Grape Juice	Cottage Cheese and Peaches Turkey Bologna Wheat Bread Lettuce and Tomato Pineapple AM Snack-Corn Flakes, Milk PM Snack-Tortilla Chips, Tomato Salsa