



3	4	5	6	7
Pancakes	Steak Fingers	Diced Chicken	Hot Ham and Cheese	Cheese Quesadilla
Scrambled Eggs	Wheat Roll	Marinara	Wheat Bread	Flour Tortilla
Sliced Tomato	Steamed Carrots	Spaghetti	Sweet Peas	Tomato Salsa
Applesauce	Yogurt with Fruit	Green Beans	Mandarin oranges	Watermelon Cubes
7.661000000	l ogait with trait	Mixed Fruit	mariaarii orangoo	Watermeren Gases
AM Snack-Wheat Toast,	AM Snack-Rice Chex,	Mixedital	AM Snack-Applesauce,	AM Snack-English
Orange Juice	Milk	AM Snack-Banana	Milk	Muffin, Milk
	PM Snack-Tuna Salad.	Bread, Milk	PM Snack-Chicken	PM Snack-Low-Fat
PM Snack-Ritz Cracker,	,	· · · · · · · · · · · · · · · · · · ·		
American Cheese	Goldfish Crackers	PM Snack-Apricots,	Salad, Wheat Cracker	Yogurt, Fruit
		Low –Fat Yogurt		
10	11	12	13	14
Salisbury Steak		Cheese Pizza	Manicotti with HM Meat	Sloppy Joes
Wheat Roll and Butter		Sliced Cucumbers	sauce	Green Beans
	CLOSED			
Peas and Carrots	CLOSED	Pineapple	Italian Zucchini	Whole Wheat Bun
Orange Wedge	VETERANS		Sliced Pears	Watermelon
	DAY	AM Snack-Orange		
AM Snack-Corn Flakes,		Bread, Milk	AM Snack-Wheat Toast,	AM Snack-Banana, Milk
Milk		PM Snack-Sliced	Milk	PM Snack- Tortilla Chips,
PM Animal Crackers, Grape		Cheese and Crackers	PM Snack-Carrots and	Tomato Salsa
Juice			Celery, Pita Bread	
17	18	19	20	21
Scrambled Eggs with	Hot Dog	Bean and Cheese	Chicken Nuggets	Grilled Cheese
Cheese	Enriched Bun	Burrito	Oven Baked Potatoes	Wheat Bread
Steamed Broccoli	Garden Salad with	Green peas	Carrot Sticks	Sliced Tomatoes
Sliced French Bread	tomatoes and Cucumber	Sliced Fresh apples	Fresh Mixed Fruit Cup	Mandarin oranges
	Fruit Cocktail in fruit juice	Siliceu Fresii apples	Fresh Mixed Fruit Cup	Wandarin Granges
Tropical Fruit Salad	Fruit Cocktail in Iruit juice	AM Coools Dissobarras	AM Speek Decebee	AM Speek Corp Flakes
AM Consult Wilson Tours	AM Console Outleans	AM Snack-Blueberry	AM Snack-Peaches,	AM Snack-Corn Flakes,
AM Snack-Wheat Toast,	AM Snack-Graham	Bread, Milk	Milk	Milk
Milk	Cracker, Milk	PM Snack-Apricots,	PM Snack-Pretzels,	PM Snack-Cottage
PM Snack-Orange Wedges,	PM Snack-String Cheese,	Low –Fat Yogurt	Grape Juice	Cheese, Pineapple
Ritz Cracker	Pears			
24	25	26	27	28
Spaghetti with HM Meat	French Bread Pizza	Diced Turkey with		
sauce	Carrots	Gravy	Thanksgiving	Closed
Whole Wheat pasta	Pineapple wedges	Wheat Bread Roll	Indikagiving	Olosea
Green Beans		Sweet Potatoes		
Diced Cantaloupe	AM Snack-Applesauce,	Mandarin Oranges		
•	Milk			
AM Snack-Wheat Toast,	PM Snack-Tuna Salad,	AM Snack-Banana,		
Orange Juice	Pita Bread	Milk		
PM Snack-Ritz Cracker,		PM Snack-Carrots,		
American Cheese		Goldfish Cracker		
American Onecac		Columbia Cracker	1	l