



		1 Cheese Pizza Sliced Cucumbers Pineapple AM Snack -Orange Bread, Milk PM Snack -Sliced Cheese and Crackers	2 Manicotti with HM Meat sauce Italian Zucchini Sliced Pears AM Snack -Wheat Toast, Milk PM Snack -Carrots and Celery, Pita Bread	3 Sloppy Joes Green Beans Whole Wheat Bun Watermelon AM Snack -Banana, Milk PM Snack - Tortilla Chips, Tomato Salsa
6 Scrambled Eggs with Cheese Steamed Broccoli Sliced French Bread Tropical Fruit Salad AM Snack -Wheat Toast, Milk PM Snack -Orange Wedges, Ritz Cracker	7 Hot Dog Enriched Bun Garden Salad with tomatoes and Cucumber Fruit Cocktail in fruit juice AM Snack -Graham Cracker, Milk PM Snack -String Cheese, Pears	8 Bean and Cheese Burrito Green peas Sliced Fresh apples AM Snack -Blueberry Bread, Milk PM Snack -Apricots, Low -Fat Yogurt	9 Chicken Nuggets Oven Baked Potatoes Carrot Sticks Fresh Mixed Fruit Cup AM Snack -Peaches, Milk PM Snack -Pretzels, Grape Juice	10 Grilled Cheese Wheat Bread Sliced Tomatoes Mandarin oranges AM Snack -Corn Flakes, Milk PM Snack -Cottage Cheese, Pineapple
13 Spaghetti with HM Meat sauce Whole Wheat pasta Green Beans Diced Cantaloupe AM Snack -Wheat Toast, Orange Juice PM Snack -Ritz Cracker, American Cheese	14 French Bread Pizza Carrots Pineapple wedges AM Snack -Applesauce, Milk PM Snack -Tuna Salad, Pita Bread	15 Turkey Sandwich Wheat Bread Lettuce and Tomato Mandarin Oranges AM Snack -Banana, Milk PM Snack -Carrots, Goldfish Cracker	16 Ground Beef Soft Tacos Green peas flour Tortilla Spiced Pears AM Snack -Rice Chex, Milk PM Snack -Chicken Salad, Wheat Cracker	17 Fish Nuggets Broccoli Cheese Biscuit Mixed Melon AM Snack -English Muffin, Milk PM Snack -Low-Fat Yogurt, Strawberries
20 Beef Hamburger Lettuce and Tomato Whole Wheat Bun Sliced Pears AM Snack -Wheat Toast, Milk PM Snack -Orange Wedges, Ritz Cracker	21 BBQ Chicken Breast Wheat Roll Corn Kernels Applesauce AM Snack -Graham Cracker, Milk PM Snack -String Cheese, Pears	22 Turkey Corndog Steamed Broccoli Sliced Peaches AM Snack -Cranberry Bread, Milk PM Snack -Apricots, Low -Fat Yogurt	23 Cheeseburger Macaroni Steamed Carrots Watermelon slices AM Snack -Mixed Fruit, Milk PM Snack -Pretzels, Grape Juice	24 Cottage Cheese and Peaches Turkey Bologna Wheat Bread Lettuce and Tomato Pineapple AM Snack -Corn Flakes, Milk PM Snack -Tortilla Chips, Tomato Salsa
27 Pancakes Scrambled Eggs Sliced Tomato Applesauce AM Snack -Wheat Toast, Orange Juice PM Snack -Ritz Cracker, American Cheese	28 Steak Fingers Wheat Roll Steamed Carrots Yogurt with Fruit AM Snack -Rice Chex, Milk PM Snack -Tuna Salad, Goldfish Crackers	29 Diced Chicken Marinara Spaghetti Green Beans Mixed Fruit AM Snack -Banana Bread, Milk PM Snack -Apricots, Low -Fat Yogurt	30 Hot Ham and Cheese Wheat Bread Sweet Peas Mandarin oranges AM Snack -Applesauce, Milk PM Snack -Chicken Salad, Wheat Cracker	